

## Bread of Life

**L**ast week's stories about bread take a very different turn this week. In today's Gospel, Jesus uses the bread theme as a metaphor. Here bread symbolizes the teachings of Jesus that will nourish us, that will satisfy our deepest needs. Jesus employs a method of interpretation favored by the rabbis of his day. He refers to a passage from the religious tradition (the passage that happens to be the first reading for today), and then, step by step, explains its meaning for the people of his day. His "homily" is really a response to the challenge from those who demanded a sign that would give evidence of the authority with which he spoke.

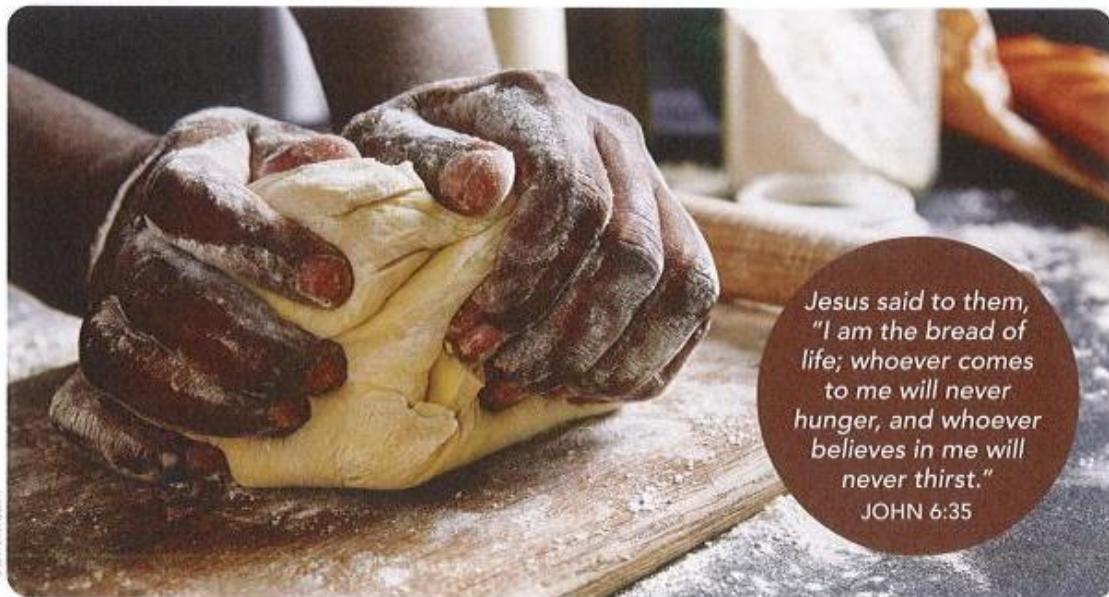
Those who challenged Jesus did so after they had been filled by the bread that he earlier miraculously provided. Jesus knew they weren't looking for signs of the presence of God in their midst. They simply wanted more food.

Jesus pointed out that the people of Moses' time had been called to trust that, day by day, God would provide them with food—as impossible as that might have seemed. Likewise, Jesus' hearers were called to trust his claims about his unique relationship with God, whom he called Father—as impossible as that might have seemed. This really isn't a story just about bread—the edible kind or the eucharistic kind. It is a story about believing in Jesus and accepting his teaching about the bread from heaven that promises eternal life.

*Sr. Dianne Bergant, CSA*

### FOR *Reflection*

- ★ Give thanks for God's day-by-day care for you and your loved ones.
- ★ Pray for a deep and solid trust in God.



Jesus said to them,  
"I am the bread of  
life; whoever comes  
to me will never  
hunger, and whoever  
believes in me will  
never thirst."

JOHN 6:35



**EIGHTEENTH SUNDAY IN ORDINARY TIME      AUGUST 1, 2021**

*Man does not live by bread alone, but by every word that comes from the mouth of God.*

**WELCOME TO THE PARISH UNIT OF:**  
St. Bernard's, 43 Botsford St., Moncton NB E1C 4W9 (506) 857-0425  
St. Vincent's, 63 Charlotte St, Sackville, NB E4L 2Y5 (506) 536-1460  
St. Clement's, 14 Church St, Port Elgin, NB E4M 2C9 (506) 538-2262

| MASS TIMES – WEEK OF AUGUST 2 - 8, 2021 |   |
|---|---|
| St. Bernard's                           | Friday @ 9:30 AM  |
|   | Saturday @ 4:00 PM  |
|   | Sunday @ 11 AM  |
| St. Vincent                             | Sunday @ 9 AM   |
| St. Clement's                           | Every 2 <sup>nd</sup> Saturday – call 538-2262 to confirm |

| PASTORAL MINISTRY TEAM        |                        |                        |                   |
|-------------------------------|------------------------|------------------------|-------------------|
| <b>Priest Moderator:</b>      | Fr. Allison S. Carroll | <b>Social Justice:</b> | Claudia McCloskey |
| <b>Assistant: (part-time)</b> | Fr. Charles Broderick  | <b>Catechetics:</b>    | Lorella Dunnett   |
| <b>Liturgy</b>                | Darlene McGraw         | <b>Adult Faith:</b>    | Dr. Andrew Wilson |

| STAFF                             |                   |                                 |
|-----------------------------------|-------------------|---------------------------------|
| <b>Pastoral Associate/Liturgy</b> | Darlene McGraw    | darlenemcgraw@rogers.com        |
| <b>Office support/bookkeeper</b>  | Janessa Virtudazo | sbhf@rogers.com                 |
| <b>Catechetical Coordinator</b>   | Lorella Dunnett   | Lorella_st.bernards@hotmail.com |
| <b>Custodian</b>                  | Michel Saulnier   |                                 |

**Parish office hours: Monday, August 2– closed – NB Day  
Tuesday to Thursday: 9 AM – 12 noon & 1-4 PM, Friday: 9 AM to 12 noon  
Parish phone: 506-857-0425 Email: sbhf@rogers.com**

| MASS INTENTIONS FOR THE WEEK OF WEEK OF AUGUST 2 - 8, 2021 |        |          |                     |                       |
|--|--------|----------|---------------------|-----------------------|
| Friday   | Aug. 6 | 9:30 AM  | Special intention   | Donna & Sam Ermen     |
| Saturday   | Aug. 7 | 4:00 PM  | Late Muriel Raymond | Leah O'Keefe & family |
| Sunday   | Aug. 8 | 11:00 AM | Late Irene Myers    | Bernie McCourt        |

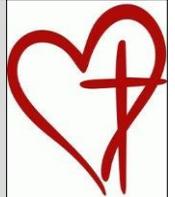
# OFFERINGS

Please note: Offerings received July 17/18, 24/25, July 31/August 1, and offerings received by mail / online will be noted in the August 8, 2021, bulletin.

## In Sympathy

A time to mourn.....

Sincere sympathy to all who mourn  
the loss of a loved one.



## Prayer Request

Ecclesiastes 3...

Under every season there is a time...A time to heal.  
We remember in our prayers those who are sick

*Cathy Jensen*

*Blanche Gallant*

*Alphe Theriault*

*Peter Dowd*

*Mary Ann Mitton*

*Boyd Clory*

*Sylvia Theriault*

And for all who care for them.



*Parish office closed  
Monday, August 2, 2021  
in observance of New Brunswick Day.  
Have a blessed and happy  
Long weekend and  
NB day!*

## *Prayers of the Faithful*

*For the Church, and everyone who serves Christ's Body in worship and leading its flock.*

*We pray:*

*For the single, the engaged, the married; for the ordained, for our sisters and brothers in consecrated life.*

*We pray:*

*For nations affected by poverty, civil unrest and for countries under lockdown due to covid-19; for perseverance and trust in God's power in the face of persecution and injustice. We pray:*

*For our province as Covid-19 rules are relaxed, we pray for the safety and well being of every individual and for us to look out for each other and be considerate of their needs.*

*We pray:*

*For the bread of life, to hunger for the food that lasts, the bread of God which comes down from heaven and gives life to the world. We pray:*

*For the spiritual and physical well-being of all parishioners and for those who have died. We pray.*

## ATOMIC BOMB

On August 6 and 9, 1945, the cities of Hiroshima and Nagasaki were destroyed by the first atomic bombs used in warfare.

## Praying and working for peace:

On August 6 & 9, 1945, the cities of Hiroshima and Nagasaki were ravaged by atomic bombs. Speaking to victims of this atomic warfare, Saint John Paul II said: "It is with deep emotion that I greet today all those who still carry in their bodies the signs of destruction that was visited on them on the day of the unforgettable fire. What you endured has also

inflicted a wound on the heart of every human being on earth. Your life here today is the most convincing appeal that could be addressed to all people of goodwill against war and for peace...

We are all indebted to you for the living and constant appeal for peace that you are."  
(Nagasaki, February 26, 1981)

Save  
the  
Date

## *Tending the Soil, Tending the Sower, 2021*

This year's catechists' formation takes place on September 18th at Immaculate Heart of Mary Church, Riverview beginning at 8:30 a.m. and finishing by 2:00 pm. This year's presenters will be Trevor Driesbeck (Faithful Voices: Conversations with Canadian

Young People), Claudette Derdaele (Listening, Attending, Preparing, and Hearing), and Margot McAloon-Parker from the Diocese of Saint John (Accompanying Families: Wisdom from the New Directory for Catechesis). Watch your bulletin in August for additional details.

Then The Lord Said To Moses,  
"I Will Rain Down Bread From  
Heaven For You. The People  
Are To Go Out Each Day And  
Gather Enough For That Day. In  
This Way I Will Test Them And  
See Whether They Will Follow  
My Instructions.

Exodus 16-4

Leave the Old

Ephesians 4:17-19

JESUS SAID TO THEM,  
"I AM THE  
BREAD OF LIFE;  
WHOEVER COMES TO ME  
SHALL NOT HUNGER, AND  
WHOEVER BELIEVES IN ME  
SHALL NEVER THIRST."

JOHN 6:35

## Covid-19: Green Phase: July 31, 2021-Update

Dear Sisters and Brothers in Christ Jesus.

The province will go Green at midnight on July 30, 2021. This allows us to remove some restrictions in our churches. I want to thank the priests, employees and the many volunteers who have religiously enforced the sanitary measures. Through your dedication, you have stopped the spread of the COVID-19 virus and ensured the protection of the faithful. Thank you for your excellent work and commitment. However, we will have to continue to be careful because COVID-19 is always with us. In the words of Dr. Jennifer Russell, chief medical officer of health: " We will be living with COVID-19, so we encourage New Brunswickers to continue to practise protective health measures such as handwashing, coughing in your elbow, staying home when sick and wearing a mask if you so choose. This virus is still with us, and we should all expect to see cases as normal travel returns. If you have symptoms, get tested. Caution remains the order of the day for all.

**The following recommendations apply for the celebration of Sunday and weekday Masses, funerals, and weddings. For baptisms and the sacrament of the sick we can proceed with the anointing of the holy chrism or the oil for the sick as before the pandemic.**

**Here are the items where there are no longer restrictions:**

1. **Entry**. Worshippers will be able to enter the church without prior registration and without providing health or travel information. In addition, sanitizer bottles may be maintained at various locations at the entrances or elsewhere, allowing people to sanitize their hands if they wish.
2. **Processions and servers**. We can go forward with processions and have servers for the mass.
3. **Physical distancing**. No distancing is required. Thus, the church can be filled

***Continued next page →***

## Covid-19: Green Phase: July 31, 2021-Update (*continued*)

4. **Disinfection**. Disinfection of pews and shared equipment is no longer required.
5. **Masks**. Masks are no longer required, but respect and acceptance must be shown to those who choose to wear them for health or safety reasons.
6. **Liturgical materials**. “Living with Christ”, songbooks, or other materials may be used.
7. **Singing**. Singing may be resumed as before COVID-19 without restriction.
8. **Parish gatherings and catechetical groups**. Gatherings may now be held without restriction as to number and distance.
9. **Holy water**. Holy water can be placed in the holy water fonts at the entrances to the church.
10. **Masses streamlined on the internet**. With the return of the faithful to churches, the number of people viewing these Masses should decrease. This has been an excellent service to our faithful. The parishes involved will decide if they continue to do this to reach parishioners unable to attend church.

### The following restrictions are to be maintained

1. **Holy Communion**: For the time being, as a matter of prudence, parishes are asked to refrain from giving communion in the cup and distributing communion on the tongue.
2. **The sign of peace**. As a precaution, people are to avoid shaking hands or another physical contact. Instead, they may exchange peace by bowing or making other gesture without contact.

May the Lord bless us and continue to watch over us.

*Mgr. Valery Vienneau - Archbishop of Moncton*

# Dear Padre,

**My elderly aunt is suffering from a terminal illness, and says she wants to die. Is this all right?**

**P**opular psychological writings on death and dying often list the five different stages that people might go through when they are dying, namely: denial, anger, bargaining, depression, and acceptance. For Christians, the last stage of acceptance is saying yes to God's will. They may have been reconciled to God and others, said the things they have wanted to say, finished any unfinished business, and feel ready to leave this world and return to God.

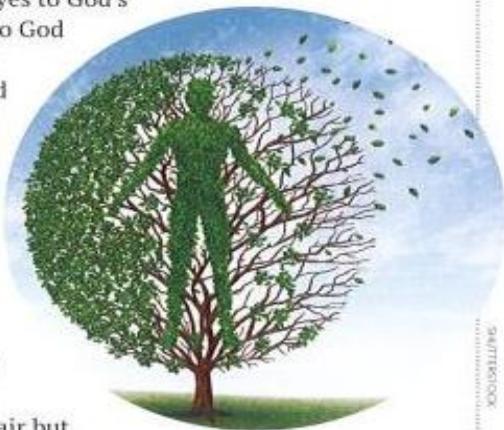
For the dying person with faith, there may come a time when the desire to be fully united to her loving God takes priority over all other concerns and she actually desires to die. Her eyes turn toward the next life and she is not only ready to go but desires to go. This desire to leave this life is not the result of despair but rather the fruit of Christian hope.

We have a different situation when someone is not dying or is in good physical health, for the desire to die may indicate desperation or depression rather than acceptance and hope. Such persons may need personal and professional help to regain a zest for the life God has given them until the time comes that God calls them to himself.

From *Life, Death, and Catholic Medical Choices*, © 2011 Liguori Publications.

## Do you have a question for the Padre?

Go to [DearPadre.org](http://DearPadre.org) to share your question and to learn more about *Dear Padre*.



SHUTTERSTOCK

### A WORD FROM *Pope Francis*

*Dear brothers and sisters who are ill, your sickness makes you in a particular way one of those "who labor and are burdened," and thus attract the eyes and heart of Jesus. In him, you will find light to brighten your darkest moments and hope to soothe your distress. He urges you: "Come to me."*

WORLD DAY OF THE SICK, FEBRUARY 11, 2020



## Calendar

**Monday**  
AUGUST 2  
Weekday

Nm 11:4b–15  
Mt 14:13–21

**Tuesday**  
AUGUST 3  
Weekday  
Nm 12:1–13  
Mt 14:22–36 or  
Mt 15:1–2, 10–14

**Wednesday**  
AUGUST 4  
St. John Vianney,  
Priest  
Nm 13:1–2, 25–14:1,  
26–29a, 34–35  
Mt 15:21–28

**Thursday**  
AUGUST 5  
Weekday  
Nm 20:1–13  
Mt 16:13–23

**Friday**  
AUGUST 6  
Transfiguration  
of the Lord  
Dn 7:9–10, 13–14  
2 Pt 1:16–19  
Mk 9:2–10

**Saturday**  
AUGUST 7  
Weekday  
Dt 6:4–13  
Mt 17:14–20

**Sunday**  
AUGUST 8  
Nineteenth Sunday in  
Ordinary Time  
1 Kgs 19:4–8  
Eph 4:30–5:2  
Jn 6:41–51