

Who Are You? Really!

Like it or not, we often get our sense of who we are from others. Some people either make us feel worthwhile, or they treat us like we have little value. We all want to be accepted, to be part of the crowd, to look like we have made it. This is one reason we fall for so many fads of the day: “Everyone has one. Everyone is doing it.” Teenagers aren’t the only ones who think like this. It may take a long time before we can move beyond the opinions of others. Many never do.

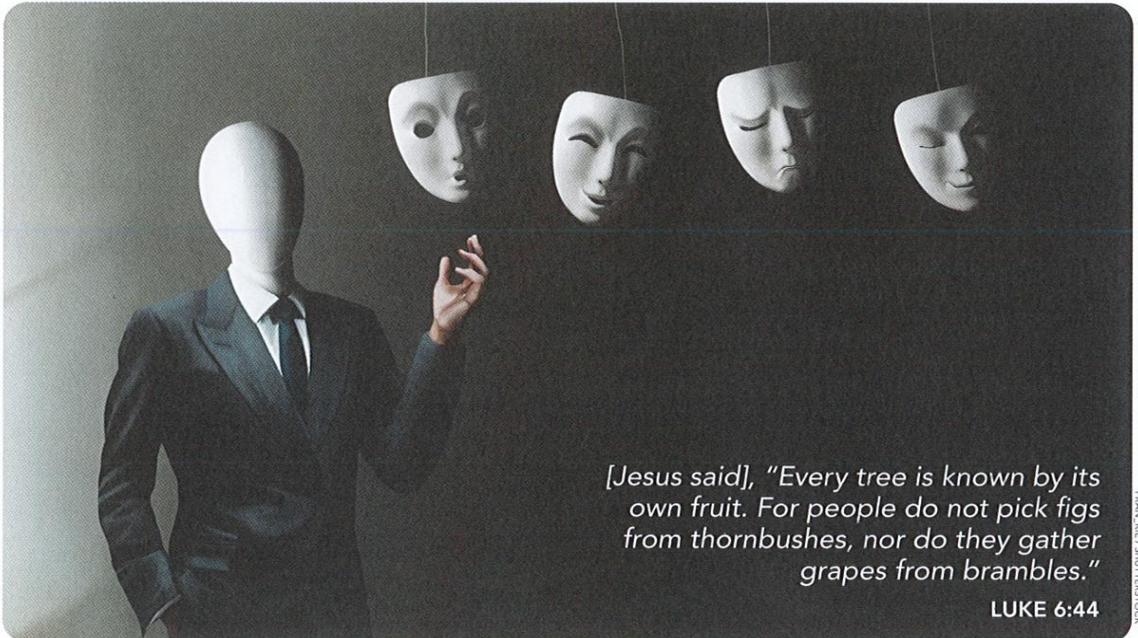
So, who are you? Really! Are you hiding behind something, some pretense? Are you trying to look like someone you’re not? Today’s readings remind us, as many have said, “Actions speak louder than words,” and as Christ said, “By their fruits you will know them” (Matthew 7:16). What is deepest within us eventually shows itself.

Sirach offers several examples of this. He claims that sometimes the dark side of our personalities comes out when we least expect it. But then there are times when we surprise even ourselves with our own goodness. Luke offers similar examples from both nature and human experience. Try as we might, we cannot completely hide who we truly are. And why should we? The last phrase of today’s Gospel is profound: “From the fullness of the heart the mouth speaks” (Luke 6:45). That is where we find who we are. Really!

Sr. Dianne Bergant, CSA

FOR *Reflection*

- ✦ *How honest are you about who you are?*
- ✦ *God accepts you as you really are. Shouldn’t that be enough?*



[Jesus said], “Every tree is known by its own fruit. For people do not pick figs from thornbushes, nor do they gather grapes from brambles.”

LUKE 6:44

MASS INTENTIONS FOR THE WEEK OF MARCH 2-6, 2022

Wed.	Mar. 2	9:30 AM	Late Ella Mae & John Edwards	Elizabeth (Betty) Vautour
Wed.	Mar. 2	7:00 PM	Late Alice MacDonald	Doreen Vautour
Thur.	Mar. 3	9:30 AM	Late Earl Arseneau	Leo & Beulah
Fri.	Mar. 4	9:30 AM	Late Zella O'Dell	CWL
Sat.	Mar. 5	4:00 PM	Anniv. late Roy & Mary MacKinnon	Irene MacInnis
Sun.	Mar. 6	11:00 AM	For the people	

OFFERINGS

FEBRUARY 12-13, 2022 OFFERINGS RECEIVED BY MAIL & ONLINE

Envelopes	\$ 6,729.67	New Years Day	\$ 30.00
Loose	\$ 100.00	Karing Kitchen	\$ 6.00
Ash Wednesday	\$ 170.00	Building Fund	\$ 50.00
Capital Campaign	\$ 2,598.33		

FEBRUARY 19-20, 2022 OFFERINGS RECEIVED BY MAIL & ONLINE

Envelopes	\$ 2,738.00	Holy Land	\$ 5.00
Loose	\$ 113.10	Karing Kitchen	\$ 9.00
New Years Day	\$ 5.00	Building Fund	\$ 10.00
Capital Campaign	\$ 620.00		

Thank you for your generous and continued support!!!

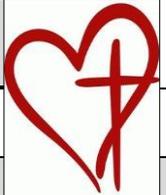
In Sympathy

A time to mourn.....

Sincere sympathies to the family of:

Betty Stone

Wife of (late) Bill



And to all who mourn the loss of a loved one...



Ecclesiastes 3...

*Under every season there is a time...A time to heal.
We remember in our prayers those who are sick...*

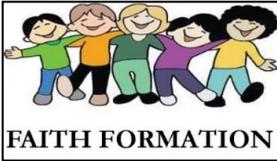
Beth Purcell

Michelle Bastarache

Marcelline Lokoka

Cathy Steeves

And for all who care for them.



****Sunday In person sessions**

Year 1-2-3 @ 9:15 AM; Year 4-5-6 @ 12:15 PM;

Session date for both groupings:

13 March 20, 2022

14 April 3, 2022

#15 April 10, 2022

#16 April 24, 2022

****Tuesday In person sessions @ 6 PM – Years 1-2-3**

#13 March 22, 2022

#14 April 5, 2022

15 April 12, 2022

16 Apr 26, 2022

**** Masks are required for all in person sessions as well as proof of vaccination for eligible individuals**.**

Sunday Confirmation In person Session

12 March 20, 2022 Retreat @ 3 PM

13 April 3, 2022 Preparation Session 3 @ 3 PM

14 April 24, 2022 Wrap up Session 4 @ 3 PM

Zoom Sessions

Monday years 4-5-6@ 6:15PM

Session #112 Mar 14, 2022

Session # 13 March 28, 2022

Session # 14 April 4, 2022

Session # 15 April 25, 2022

Session #16 May2, 2022

Wednesday years 1-2-3@ 6PM

Session # 12 March 16, 2022

Session # 13 March 30, 2022

Session# 14 April 13, 2022

Session # 15 April 27, 2022

Session # 16 May 11, 2022

Sacrament of Holy Communion May 8th @ 11 AM Mass

Sacrament of Reconciliation TBD

Sacrament of Confirmation May 8th @ 11 AM Mass



ASH WEDNESDAY– MARCH 2, 2022

St. Bernard's	9:30 AM
St. Bernard's	7:00 PM
St. Vincent's	7:00 PM



This Lent, let's put people and planet first

This year, Development and Peace — Caritas Canada's *People and Planet First* campaign calls you to support our sisters and brothers in the Global South in defending their rights and the planet. Do this by:

1. **Donating** online at devp.org/give or during the Solidarity Sunday collection on April 3, the fifth Sunday of Lent. Your generosity helps support over 85 projects in 27 countries around the world!
2. **Learning more by reading the Mini-magazine** and other resources available at devp.org/lent/resources.
3. **Signing the petition** for strong laws to control Canadian corporations' behaviour abroad at devp.org/act. For more information, contact **Nicolas Kalgora**, tel. 801-0440; e-mail: nkalgora@devp.org

From the Office of Evangelization and Catechesis

To contact us:

Ellen - 857- 9952 or ellen.diocesemoncton@gmail.com; Trevor - 857-4879
trevord.diocese@gmail.com

Upcoming Meetings

Parish Catechetical Coordinators: Thursday, March 17 at 6:00 p.m. Meeting will take place at Diocesan Offices on York Street. Please use Dominion Street entrance.



Update regarding the warming shelter that had been at St. Georges. This warming center will now be housed at the old fire station on Assomption Blvd. While they are hiring staff, they still have **need for some volunteers daily 6-11pm and 7am-10am** (to help serve breakfast and assist guests in departing for the day). **Anyone interested in helping can email Sonia Miller at info@firstmoncton.com or by phone 857-1113.**

St. George's will continue to let people come in to eat their breakfast and get/stay warm in the morning. The shower will still be available, and they have clothes to offer. There is always need for the following: Underwear, gloves, and handwarmers. A bin will be set up at the entrance of St. Bernard's to collect those clothing items which will later be dropped off to St. Georges. **Breakfast items needed:** cheese strings, yogurt cups, fruit or applesauce cups, and granola bars. These food items can be dropped off directly at St. George church. Call ahead before dropping off @ 855-52



EVENING PRAYER

Christians are called in baptism to be people of prayer, to pray always, praising God and pleading for the world. Our priests, encourage us at the beginning of Lent to be more cognizant of prayer during the Lenten season. Why not try gathering with the faith community for Evening Prayer? It only takes up a half hour of your time. We follow the format for Evening Prayer that is offered in our Catholic Book of Worship.

All parishioners of our parish unit are invited & encouraged to gather for Evening Prayer Thursday evenings at St. Bernard's Church at 6 PM - March 3, 10, 17, 24, 31 & April 7.

Free tax Clinics



A free tax clinic is a place where eligible people can go to get their tax returns done for free.

A list of free clinics & eligibility requirements has been posted to St. Bernard's bulletin boards at each of the church entrances.

Lent.

a season of spiritual preparation

Remember that Lent is a joyful march toward Holy Easter and that all the readings, rituals and penitential practices are not done mournfully, ***but with the Risen Christ in mind and heart. Yet, it is also a time of ritual lamentation, of acknowledging the brokenness and pain in our lives and in our world.*** Lent allows us to articulate the grief and anger

we feel through prayer texts and song, to seek repentance and healing by turning to Christ, to do something concrete by works of charity, and to fast in order to give food to others. The prayer and action are the work of the entire community, children as well as adults. ***Prayer, fasting and almsgiving*** are not just Lenten disciplines – they are, rather, the year-round regimen of Christian living; the disciplines that many would say, form us as disciples. **Lent is like a retreat.** Throughout the year the church is directed out into the world, but during these 40 days we pull back into ourselves for reflection and self-examination. **We make ourselves “right with God”.**



**IN THE EVENT OF A STORM OR INCLEMENT WEATHER CANCELLATIONS WILL BE NOTED ON:
ST. BERNARD'S WEBSITE: www.stbernardschurch.ca
OR BY CALLING OUR PHONE LINE @ 857-0425**

My Lenten Journey

Now is a good time to make concrete resolutions towards a meritorious Lent. Prayerfully ponder ways you want to improve in your spiritual life. What can you do this Lent to foster and deepen your desire and efforts for the salvation of souls?

Ideas for Prayer, Reparation & Penance:

- Attend daily Mass (or virtually if you are shut in).
- Make frequent visits to the Eucharistic adoration chapel and/or to the Blessed Sacrament.
- Be more faithful to or increase your current holy hours.
- Make Acts of Spiritual Communion during the day.
- Invite or bring someone to Mass, Evening Prayer or adoration.
- Pray for a different person each day.
- Commit to going to frequent or regular Confession i.e. weekly, bi-weekly, or monthly. Choose a particular point or defect to overcome with a corresponding virtue to practice each month. Theological virtues: faith, hope, charity. Cardinal virtues: prudence, justice, temperance and fortitude. The Seven Capital Virtues: humility, generosity, chastity, meekness, temperance, brotherly love, diligence. Practice cheerfulness, politeness, courtesy, patience, thankfulness.
- Fast from sin and sinful habits
- Improve or begin the habit of making a daily Examination of Conscience followed by an Act of Contrition. Pick a regular daily time that works for you and stick to it i.e. right after you pray the daily family rosary
- Pray the Rosary or more rosaries alone or with a friend
- Pray the Divine Mercy Chaplet in reparation for sin
- Commit one daily act of either a spiritual or corporal work of mercy
- Commit to fasting (i.e. Wednesdays, Fridays) and abstinence throughout Lent (i.e. unhealthy/junk food, processed food, sweets, refined sugar/foods, pop, caffeine, fast food etc.)
- Commit to a prescribed time of half an hour to an hour of daily physical exercise based on one's abilities – the Rosary and Chaplet of Divine Mercy could be prayed while exercising
- Refrain from or limit use of conventional and social media.
- Bless yourself, your family, and your residence with holy water at bedtime.
- Do your daily duties better and with a smile.
- Every day offer up little inconveniences, prayers and sacrifices for souls.
- Improve your family's emergency preparedness

"In His anguish He prayed even more earnestly, & His sweat fell to the ground like great drops of blood." (Luke 22:44) ***Jesus did this for us, let's give Him our best efforts this Lent.***

To facilitate Eucharistic Adoration, St. Bernard's will be open Monday through Friday from noon to one o'clock (12:00 -1:00), and on Sundays from two to three o'clock (2:00 – 3:00).



**On Wednesday, March 2, 2022
we once again begin the season of Lent**

How do we mark Lent in our churches? During Lent we emphasize some things by their **absence**. In the rituals of the Triduum we welcome back that which was absent; during the Easter season we give what was absent, renewed importance. Lent demands an apparent plainness that says, **“This is a time to get back to basics”**. **We concentrate on the basics of the Word and the Eucharist** in order to prepare ourselves to renew our baptismal vows at Easter. Our efforts are meant to make more evident what is important about these 40 days: the assembly of the faithful, the penitents seeking reconciliation, and some years, candidates preparing to enter into communion with the Church and catechumens preparing for baptism during the Easter Vigil.

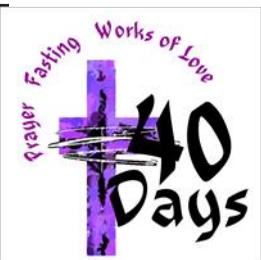
During the Lenten season, we do not sing “Alleluia”. The paschal candle is removed from the body of the church. Baptisms are not usually performed during Lent, except in an emergency. Some other Lenten traditions include the absence of flowers, greenery, plants and decorations. The sanctuary is as bare as possible.

Lent has a double purpose. It helps the catechumens to prepare for celebrating their baptism, confirmation, and the Eucharist at the Easter Vigil and invites those who are baptized to prepare through penance and prayer to renew their baptismal vows at the Vigil.

During Lent, it is especially important to realize the social consequences of sin as well as the fact that the heart of the virtue of penance is hatred of sin as an offence against God. Lenten penance should be external and social as well as internal and individual.

Prayer, fasting and almsgiving are not just Lenten disciplines – they are, rather, the year-round regimen of Christian living; the disciplines that, many would say, form us as disciples. During Lent, we try the best we can to get back to these basic disciplines.

Lent is like a retreat. Throughout the year the church is directed out into the world, but during these 40 days we pull back into ourselves for reflection and self-examination. We make ourselves “right with God”.



Lent – A sense of Season:

Lent is the yearly celebration by the Church of its corporate conversion in Jesus Christ. **The highest point in the Church’s year of prayer is the Easter Triduum (Holy Thursday, Good Friday and the Easter Vigil) celebrating the dying and rising of the Lord Jesus**. We prepare for this three-day period by the season of Lent and prolong it for the great 50 days of the Easter season. Together, Lent, the Triduum and the Easter season make up the “paschal season”, the springtime of the Church.

Ash Wednesday



Why do we wear ashes? Ashes symbolize sorrow and penitence. The early church ritualized this for those who had committed a serious or “capital” sin. These “penitents” would wear a penitential garment and have ashes sprinkled on them. Then they would be excluded from celebrating the Eucharist until the Easter Vigil. (Note that a person could be a penitent only once in a lifetime.) Although the order of penitents had declined, by 1091 all the faithful were encouraged to take on the practice of wearing ashes at the beginning of lent. Today we continue this practice as an expression of “our human condition as affected by sin” (Ceremonial of Bishops, 253). We mourn for “our sin and ignorance” (Responsorial for Ash Wednesday) that has kept us from keeping to our baptismal promises. We are marked with ashes

as a sign of our commitment to “turn away from sin and be faithful to the gospel” (Mk 1:15).

Where do the ashes come from? The rubrics for Ash Wednesday say that “the ashes used today come from the branches blessed the preceding year for Passion Sunday.” Though there is no special rite for burning palm branches, many communities have made a tradition of preparing their own ashes during the weeks before Lent.

How long do I have to wear these ashes? There is no rubric that states that ashes need to be worn outside of the Ash Wednesday liturgy, though you’ll see many smudged foreheads at work and on the streets on that day. The wearing of ashes is meant to be a sign of our inward conversion, and, as the Gospel of the day warns, not a way to gain applause. However, this could be a way to quietly evangelize our places of work and to find support from unknown fellow Catholics.

Is it a sin to not get ashes on Ash Wednesday? Some people believe that it is a sin to miss receiving ashes on this day. Some even believe that one would not go to heaven if he or she were not marked with blessed ashes. Neither is true. (Ash Wednesday is not even a holy day of obligation!) This of course does not mean that we shouldn’t participate in this liturgy, nor does it mean that the symbol isn’t important. Wearing ashes must reflect our desire to act from our baptismal promises. Saying “we believe” requires us to live dead to sin. Wearing ashes demands that we live alive for Christ.



Did you know...Ash Wednesday is a day of fasting & of abstinence from meat?

Christian fasting obtains its full meaning when we deprive ourselves of food in order to be more open for prayer, to share more in the suffering of those who are starving & to save money to give to the poor. The law of **abstinence** from meat binds those

who are 14 & older; the law of fasting binds those from 18 to 59 years of age. Parents and educators are reminded of their duty to introduce children gradually to the understanding and practice of penance.

St Bernard's Financial Statement for the year 2021

Balance Sheet 2021

As of December 31

ASSETS

Current Assets

Bank	612,652.19
Capital Fund Bank Account	242,689.14
Account Receivable	28,170.44
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	883,511.77

Capital Fund Investments

Chancery Investment	227,209.00
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Total Assets

1,110,720.77

LIABILITIES & EQUITY

Accounts payable	51,565.18
Social Justice Fund	41,490.18
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93,055.36

Equity

Opening Balance	1,159,453.98
Net Income	(141,788.57)
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	1,017,665.41

TOTAL LIABILITY & EQUITY

1,110,720.77

Income Statement

For the year ended December 31

2021

Income

Collection (loose)	5,160.70
Collection (envelope+ Direct deposit)	285,487.50
Special Collection	16,707.50
Charity Fund	5,575.00
Stole Fees (mass)	137.00
Bulletins, Palms, Books	624.00
Candles	623.66
Donations	32,471.33

Marriage Formations	250.00
Catechetics	1,620.00
Funerals	5,600.00
Fund Raising Activities	2,405.00
Rental Income	1,080.00
Other Income(wage subsidy)	19,565.38
Interest	2,348.09
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	379,655.16
Expenses	
Moderator	35,421.20
Administrator	15,228.92
Asistant Priest	3,263.68
Other Priest	3,650.24
Employees	98,922.02
Food & Lodging	16,678.28
Church Goods	2,554.17
Subscriptions	4,538.83
Office Expense	20,531.33
Equipment & Furniture	
Maintenance	35,135.06
Miscellaneous expenses	21,705.72
Heating	13,390.39
Lights	6,571.76
Telephone	4,626.31
Insurance	15,427.62
Taxes	42,321.14
Parish Activities	5,963.20
Catechism	227.75
Special Collection expenses	14,029.20
Bank Charges	1,884.56
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	362,071.38
Receipts over Expenditures	17,583.78
Building Fund	
Receipts	66,380.76
Expenses	225,753.11
Net Income	<hr/> <hr/> (141,788.57)

❖ A detailed statement will be posted on the website

Dear Padre,

Who chooses the names for Catholic churches?

The bishop is the appropriate authority to designate the name of a church in his diocese. Each church should have its own title, which cannot be changed after the church has been dedicated, except for grave reasons and with the approval of the Apostolic See (Canon 1218). Examples of designations include the name of the Blessed Trinity, a name for Christ or the Blessed Virgin Mary under a title already accepted in the liturgy, one of the angels, saints, or a blessed who is approved by the Holy See for insertion in a diocesan liturgical calendar.

According to additional norms issued in 1999, “If several parishes are suppressed and a new one is established using one of the churches, its title must be retained, but it may be changed if it is a new building.” Moreover, “if several parishes are each suppressed and united into one new parish, it is permitted, for pastoral reasons, to give it a new name different from the previous title of the parish church” (Canon 1218).

The faith community celebrates the titular feast of the church annually with the rank of a solemnity.

The customary practice of depositing a relic of the titular saint—when applicable—under the altar to be dedicated may be “fittingly retained” (*General Instruction of the Roman Missal*, 302). However, the inherent dignity of the church’s altar is that it is foremost the table of the Lord.

Fr. Byron Miller, CSSR
Sundaybulletin@Liguori.org



CATHOLIC NEWS SERVICE / JOE POLLICIO

A WORD FROM *Pope Francis*

Hypocrisy is the worst enemy of this Christian community, of this Christian love: pretending to love each other but only seeking one’s own interests....Those who behave in this manner transit in the Church like a tourist. There are many tourists in the Church who are always passing through but never enter the Church.

GENERAL AUDIENCE, AUGUST 21, 2019

Calendar

Monday

FEBRUARY 28

Weekday

1 Pt 1:3–9

Mk 10:17–27

Tuesday

MARCH 1

Weekday

1 Pt 1:10–16

Mk 10:28–31

Wednesday

MARCH 2

Ash Wednesday

Jl 2:12–18

2 Cor 5:20—6:2

Mt 6:1–6, 16–18

Thursday

MARCH 3

Thursday after

Ash Wednesday

Dt 30:15–20

Lk 9:22–25

Friday

MARCH 4

Friday after

Ash Wednesday

Is 58:1–9a

Mt 9:14–15

Saturday

MARCH 5

Saturday after

Ash Wednesday

Is 58:9b–14

Lk 5:27–32

Sunday

MARCH 6

First Sunday of Lent

Dt 26:4–10

Rom 10:8–13

Lk 4:1–13

**Do you have a question
for the Padre?**

Go to DearPadre.org
to send your question
and to learn more
about Dear Padre.

