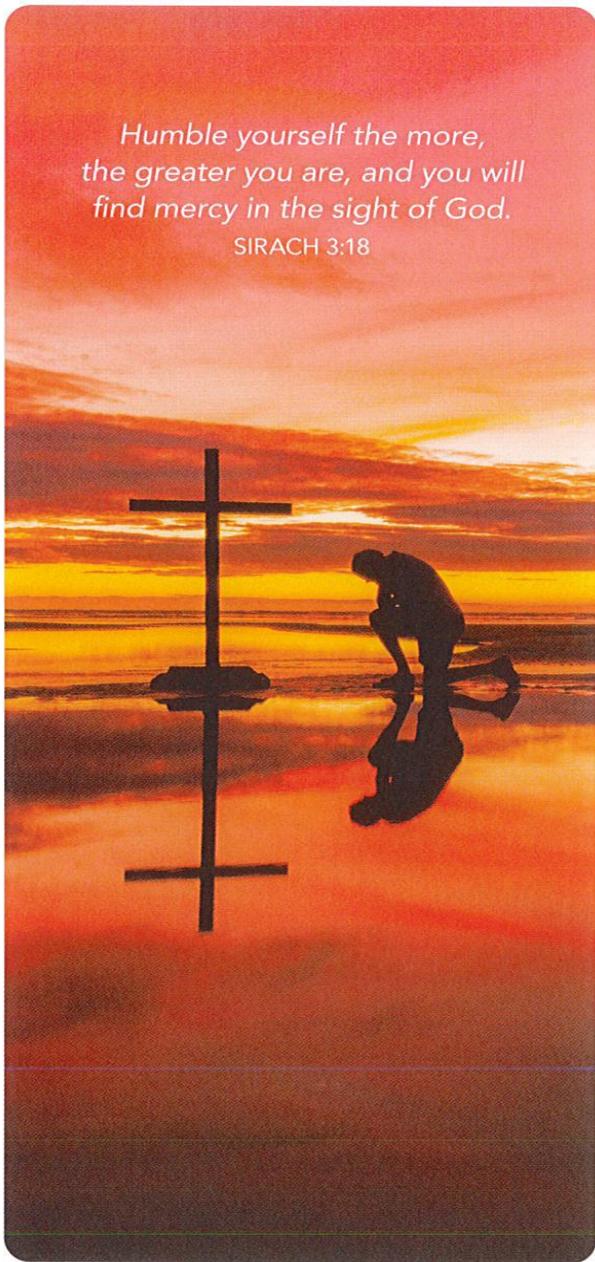




*Humble yourself the more,
the greater you are, and you will
find mercy in the sight of God.*

SIRACH 3:18



I'm Nobody! Who Are You?

This is the title of one of Emily Dickinson's most beloved poems. Did she really think she was nobody? Probably not. But neither was she eager to get bogged down by the approval of others. She seems to have been satisfied with who she was and how she lived her life.

Unlike Dickinson, many of us live for the approval of others. In fact, we almost glorify celebrities—and not simply for their accomplishments. Their taste becomes our choice in buying clothes; their opinions shape our thinking; their social life becomes our entertainment. This is a strange turnaround, for the only reason they are famous is that we have given them our approval. We made them celebrities.

We all know people who, in the eyes of the broader society, might be considered “nobodies” but who really are the “somebodies.” They are like Dickinson. They know who they are and do not pretend to be someone or something else. They do not put on airs; they do not expect to be treated better than others. They simply are who they are. These are the people described in today's readings. They have lived as Sirach counsels: “Humble yourself” (Sirach 3:18). This does not mean humiliate yourself or put yourself down. It means be who you are, the *you* that God made. Don't try to be someone else. The Gospel story shows what might happen if you think you are more than you really are. The proud man was literally put in his place.

So, who are you?

Sr. Dianne Bergant, CSA

FOR *Reflection*

- * *What do you do to gain other's approval? Does that change who you are?*
- * *How often do you describe yourself as better than others? Is it true?*



TWENTY-SECOND SUNDAY IN ORDINARY TIME AUGUST 28, 2022

*Take my yoke upon you, and learn from me,
for I am gentle and humble in heart.*

WELCOME TO THE GOOD SHEPHERD PASTORAL UNIT

St. Bernard's, 43 Botsford St., Moncton NB E1C 4W9 (506) 857-0425
St. Vincent's, 63 Charlotte St, Sackville, NB E4L 2Y5 (506) 536-1460
St. Clement's, 14 Church St, Port Elgin, NB E4M 2C9 (506) 538-2262

MASS TIMES-WEEK OF AUGUST 29 - SEPTEMBER 4, 2022

St. Bernard's	Monday @ 9:30 AM
	Thursday @ 9:30 AM
	Friday @ 9:30 AM
	Saturday @ 4:00 PM
	Sunday @ 11 AM
St. Vincent	Sunday @ 9 AM
St. Clement's	Saturday @ 7:00 PM

SACRAMENT OF RECONCILIATION/CONFESSION

St. Bernard's	Saturday @ 1:00 - 1:30 PM
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PASTORAL MINISTRY TEAM

Priest Moderator	Fr. Allison S. Carroll (sick leave)	
Administrator	Fr. Charles Broderick	charlesbroderick1@gmail.com
Assistant: (half-time)	Fr. Charles Lokoka	
Liturgy	Darlene McGraw	darlenemcgraw@rogers.com
Catechetics	Lorella Dunnett	Lorella_st.bernards@hotmail.com
Social Justice	Claudia McCloskey	
Adult Faith	Andrew Wilson	

STAFF

Pastoral Associate / Liturgy	Darlene McGraw	darlenemcgraw@rogers.com
Office support / bookkeeper	Janessa Virtudazo	sbhf@rogers.com
Catechetical Coordinator	Lorella Dunnett	Lorella_st.bernards@hotmail.com
Custodian	Michel Saulnier	

Parish office hours: Monday- Thursday: 9AM – 12 noon & 1 – 4 PM
Friday: 9 AM – 12 noon

Phone: 857-0425 Email: sbhf@rogers.com Website: www.stbernardschurch.ca

MASS INTENTIONS FOR THE WEEK OF AUGUST 29 – SEPTEMBER 4, 2022

Mon.	Aug. 29	9:30 AM	Late Minnie Burnett	Ross & Sharon Burnett
Thur.	Sep. 1	9:30 AM	Late Richard & Melvina Christie	Phyllis
Fri.	Sep. 2	9:30 AM	Late Gordon Willden	Lee & Madalena Tamburri
Sat.	Sep. 3	4:00 PM	Anniv. late Andrew Perry	Family
Sun.	Sep. 4	11:00 AM	Late Jeremiah, Sarah & deceased family members	Family

OFFERINGS

AUGUST 20 & 21, 2022 OFFERINGS RECEIVED BY MAIL & ONLINE

Envelopes	\$ 2,185.00	Loose	\$ 179.10
Building Fund	\$ 10.00	Capital Fund	\$ 60.00
Karing Kitchen	\$ 15.00	Reconnect	\$ 30.00

Thank you for your generous and continued support!!!

	<p><i>A time to mourn.....</i></p> <p><i>Sincere sympathies to the family of:</i></p>		
	<p><i>Yolanda Sagion</i></p>	<p><i>Mother of Wennie</i></p>	
<p><i>And to all who mourn the loss of a loved one..</i></p>			

	<p><i>Ecclesiastes 3...</i></p> <p><i>Under every season there is a time...A time to heal.</i></p> <p><i>We remember in our prayers those who are sick...</i></p>		
	<p><i>Beth Purcell</i></p>	<p><i>Marcelline Lokoka</i></p>	<p><i>Cheryl Allerston</i></p>
<p><i>Della Tower</i></p>	<p><i>Peter Steeves</i></p>	<p><i>Grant Stevenson</i></p>	
<p><i>And for all who care for them.</i></p>			





Prayer of the Faithful

For the whole church, to promote justice, foster integrity of heart and its ministry to model compassion and humble service.

We pray

For wisdom and perseverance for our leaders striving for peace and justice in our world.

We pray

For all who are experiencing trials, hardships and struggles of any kind, for the strength and the ability to trust in the renewing work of God.

We pray

For freedom from fear and for the grace to live in the light that comes from following Christ our Savior.

We pray

For students and teachers returning to school, for a place for healthy learning and for wisdom and knowledge to be freely given and received.

We pray

For our society to embrace Christ's message of humility, one that leads to an honest acknowledgment of failures, a love for goodness and the restoring of relationships with others.

We pray

For all the churches serving the greater Moncton area.

We pray



For the Holy Father's general intention for September For the abolition of the death penalty

We pray that the death penalty, which attacks the dignity of the human person, may be legally abolished in every country.



**We are happy to have you join us!
Are you new to the parish or have you been part of
our community for awhile but have just never
registered?**

There are registration forms available at the entrances to the church, at your parish office, on our web site (www.stbernardschurch.ca) or just give us a call and we'll mail you one. Fill in the information, return the form to the office and you will be formally registered. This will help us to better serve your individual needs!



MARK YOUR CALENDARS

Carmelites	2 nd Sat. of month, 9:00 -11:00 AM	Meeting Room
Prayer Group	2 nd Sat & last Sat. of each month @ 7 PM	Church Hall
RCIA	Will resume in the fall	Stage Area
Baptism Prep Course	Sunday's, September 18 & 25 @ 1:30 pm	Meeting Room



Baptism Preparation Course

Here in St Bernard's, there will be a **Baptism Preparation Course on September 18 & 25, 2022 at 1:30 Pm** to be held in St Bernard's meeting room. Call to register.



Labour Day Weekend

Labour Day Weekend marks the end of the summer vacation period and the resumption of the activities in home, parish and school. Parishes could take this as an opportunity to encourage active and renewed participation in the community.



Local Pastoral Council

The diocesan **Report on Pastoral Restructuring** (February 8, 2000) envisions each parish having a Local Pastoral Council that *collaborates with the priest moderator, the other priests assigned to the parish, the members of the PMT, the lay pastoral workers and the RPC to the responsibility for the life of the Church in the community, for the sharing of the faith, the liturgy, for pastoral activities, and for the various duties and commitments of the faithful of the ecclesiastical community in accordance with the law. The LPC will ensure that, in offering its collaboration to the moderator ... it communicates the pastoral needs and interests of its local community.*

The LPC is an important element in the functioning of the parish and its pastoral life. As a consultative body it *is a privileged place of reflection and orientation of the pastoral activities of the local community.*

I am sure you are aware that we do not currently have a LPC here at St. Bernard's. Accordingly, we will take steps to have a properly functioning LPC this fall.

This is the first step during which we are invited to pray over and discern who in our midst are best suited for this role. As a second step, we will call for nominations in mid-September, and the third step will be an election to follow in late September, early October. This timeline should enable us to our LPC up and running this fall.

Please think about possible candidates, including yourself, and be prepared to submit nominations when called for in September.

Blessings.

Fr. Charlie



World Day of Prayer for the Care of Creation

In 2015, Pope Francis declared September 1 as the World Day of Prayer for the Care of Creation. Coinciding with the celebration instituted by the Orthodox Church, it is also a

day of ecumenical prayer and unity. The faithful should be encouraged to take practical initiatives to combat earth's environmental crisis.

Guide at: <https://seasonofcreation.org/celebration-guide/>



From the Office of Evangelization and Catechesis

To contact us:

Trevor - 857-4879 trevord.diocese@gmail.com

CHANGES TO THE OFFICE FOR EVANGELIZATION & CATECHESIS CHANGE OF ADDRESS

After 20+ years of service to the Archdiocese of Moncton, Ellen Bennett will retire in September. Trevor Drosbeck will serve in the role as Director of the Office for Evangelization and Catechesis and Karen LeBlanc will assume the role of Assistant. Please note the Diocesan Office for Evangelization and Catechesis has moved to Immaculate Heart of Mary Church in Riverview (5 Fatima Drive). The office can be reached by calling 857-4879 or emailing trevord.diocese@gmail.com.

TENDING THE SOIL, TENDING THE SOWER 2022

This year's catechist formation will take place on Saturday, September 17th from 8:30 am – 2:00 pm. Our facilitator will be Dr. Anne Walsh, Coordinator of Partnership in Mission, Redemptorists and Adult Faith Formation Team for the Archdiocese of St. John's and she will give a presentation entitled "*WHERE HAS GOD WALKED WITH YOU ON YOUR JOURNEY? Exploring how we do mystagogy in everyday life*". Register by emailing Trevor Drosbeck at trevord.diocese@gmail.com, by calling 857-4879 or register online through the diocesan website at www.diomoncton.ca → Pastoral Offices → Children's Catechesis → Formation Opportunities and click on the poster.

Mondays @ The Movies

Monday @ The Movies is a group that meets regularly to discuss faith connections in popular movies. Our next movie discussion will take place on Zoom on Monday, August 29th at 10:30 am when we will talk about the (2003) comedy, *Bruce Almighty* starring Jim Carey. For more information or to register, contact Trevor.



PRAYER GARDEN:

Urgent Help Needed at Our Lord and Ladies' Prayer Garden! - Every Monday night until September 17, 22, in preparation for the 38th annual Papal Mass. We are in need of persons to assist us in weeding the Garden. Please attend at the Magnetic Hill Prayer Garden, on Front Mountain Road, next to Papal Site, for a 2 hour only weeding session. Please bring your own gardening tools. For more information call 871-3912. Many thanks!



Karing Kitchen

The Karing Kitchen offers basic, nutritional meals to all who come, five days a week, 52 weeks a year. They depend on private donations of both cash and foodstuffs to keep their doors open. They would like to thank you for your generous support in the past. Without your help there can be no Karing Kitchen. They welcome your support.

Dear Padre,

Isn't natural family planning (NFP) a form of birth control? The couple still controls the potential of human life that God may have wanted to create at a particular moment.

Couples who use NFP aren't practicing contraception. By giving themselves completely to one another in body and soul, they're preserving the integrity of the marriage sacrament. In God's design, women



are naturally infertile for many days of the menstrual cycle. The marital act during these times promotes bonding and yet is open to new life. There is no sin in abstaining from the marital act. When a husband and wife use NFP appropriately, they share responsibility for living with their combined fertility. Neither spouse takes

the other for granted. NFP is a healthy and holistic way to plan for children.

Many couples find that living an NFP lifestyle gives them a better understanding of their fertility, frees them from fear of medical side effects, increases their communication, encourages a greater sense of sharing and a generosity toward life, fosters sexual self-control, and gives them the peace of following their spiritual, religious, cultural, or ethical beliefs. Periodic abstinence encourages couples to focus on aspects of their relationship beyond the physical, resulting in a "honeymoon effect."

NFP's most important benefit is that it enables spouses to live the mutual gift of self that is an essential element of marriage. The Church values marital sexual love. NFP helps couples to be authentic in the expression of that love.

From *Natural Family Planning: A Catholic Approach*, © 2009 Liguori Publications.



A WORD FROM *Pope Francis*

Jesus teaches this: "The one who humbles himself will be exalted" (Luke 14:11). God does not exalt us because of our gifts, because of our wealth, or because of our skills, but because of humility. God loves humility. God lifts up those who humble themselves; he lifts up those who serve.

ANGELUS, SOLEMNITY OF THE ASSUMPTION, AUGUST 15, 2021

Calendar

Monday

AUGUST 29

The Passion of St. John the Baptist

1 Cor 2:1–5
Mk 6:17–29

Tuesday

AUGUST 30

Weekday

1 Cor 2:10b–16
Lk 4:31–37

Wednesday

AUGUST 31

Weekday

1 Cor 3:1–9
Lk 4:38–44

Thursday

SEPTEMBER 1

Weekday

1 Cor 3:18–23
Lk 5:1–11

Friday

SEPTEMBER 2

Weekday

1 Cor 4:1–5
Lk 5:33–39

Saturday

SEPTEMBER 3

St. Gregory the Great, Pope and Doctor of the Church

1 Cor 4:6b–15
Lk 6:1–5

Sunday

SEPTEMBER 4

Twenty-third Sunday in Ordinary Time

Wis 9:13–18b
Phlm 9–10, 12–17
Lk 14:25–33



Liguori Publications is celebrating 75 years of ministry throughout 2022.

Follow progress toward our October 23 anniversary date in *Liguorian* magazine and at Liguori.org.