

[Jesus] was transfigured before them; his face shone like the sun and his clothes became white as light.

MATTHEW 17:2

The Gift of Mystery

FR. JOSEPH JUKNIALIS

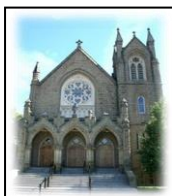
In life there are moments that some call transcendence, when the divine shines through the human and the veil that seems to cloak another world falls ever so briefly to reveal that there are not two worlds but only one wrapped in mystery. That is what took place on a mountaintop when Peter, James, and John realized that this Jesus with whom they talked and walked and shared meals, this friend, this very ordinary one, was so much more, was extraordinary, was “of God.” While real, it seemed better not to tell anyone about what they had seen.

Are there also moments in our lives when the human glows with the divine, when we come to realize more clearly than ever before that there is another power at play in life than you yourself? Most assuredly. While we are powerless to create such experiences of transcendence, more than 100 years ago the psychologist William James described such moments when they do occur. He identified four qualities in such experiences: 1) they seem closer to being emotional than intellectual or cognitive; 2) they tend to bring us new understandings of life and of what is, akin to insights, though they cannot be found in a book or be taught; 3) they tend to be very brief, a few seconds for most people; and 4) there is a sense of being sustained by a superior power. This was the apostles' experience of the transfiguration, the feast we celebrate today. ●

Reflect

Have you had an experience of the transcendent that changed you?

Welcome to The Good Shepherd Pastoral Unit



St. Bernard's, 43 Botsford St., Moncton, NB E1C 4W9

Phone: (506) 857-0425 **Email:** sbhf@rogers.com

Parish office will be closed July 24 to August 7

Website: www.stbernardschurch.ca



St. Vincent's

63 Charlotte St., Sackville, NB, E4L 2Y5

Phone: (506) 536-1460 **Email:** stvince@nbnet.nb.ca

Office hours: Monday & Thursday @ 10 AM-2 PM



St. Clement's

14 Church St., Port Elgin, NB E4M 2C9

Phone: (506) 538-2262 **Email:** stclement.stbartholomew@gmail.com

Office hours: call office to verify

Mass times / Intentions: August 7-13, 2023

St. Bernard's

Mon.	Aug 07	9:30AM	Anniv. Late Teofilo Ferrer	Family
Thur.	Aug 10	9:30 AM	Wedding Anniv. Bill & Shirley Connor	Dan & Nellie Wright
Fri.	Aug 11	9:30 AM	Late Felix Ferrer	Family
Sat.	Aug 12	4:00 PM	For the People	
Sun	Aug 13	11:00 AM	Anniv. Late Al Clohossey	Family

St. Clement's

Sat.	Aug 12	7:00 PM	Late Ted Carroll	Parishioner
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St. Vincent's

Sun.	Aug 6	9:00 AM	Late Therese Tremblay	Claudis & Art McCloskey
Sun.	Aug 13	9:00 AM	Special Intention	Immaculate Heart Prayer Group



Sacrament of Reconciliation / Confession
Saturdays, 1:00 PM at St. Bernard's

OFFERINGS

July 29 & 30, 2023 - RECEIVED BY MAIL & ONLINE

St. Bernard's

Donations for St. Bernard's
from the weekend of July 22,23, 29 & 30 2023
Will be reported in next week's bulletin.

St. Clement's

Envelopes	\$ 485.00	Donations with Receipt	\$ 85.00
Loose	\$ 40.00		

St. Vincent's – July 23 & 30, 2023

Envelopes	\$ 2,211.00	Loose	\$ 215.00
Maintenance	\$ 50.00		

Thank you for your generous and continued support!!!

Thank You
For Your
SUPPORT

During the summer months church contributions normally decrease while parishioners are travelling and vacationing. However, the expenses to run our churches remain constant and increase as necessary maintenance / repairs are completed. Please give consideration to "making up" missed contributions. Thank you for your continued generosity! God Bless!

PRE-AUTHORIZED GIVING

Parish Contributions through the
pre-authorized payment system:

For those who contribute through pre-authorized payments – please note: if you wish, when entering the church, you may pick up a **“Contribution through the pre-authorized payment system” laminated card**. At collection time, simply drop into the collection basket.

Pre-authorized payments are a convenient and easy way to make parish contributions automatically. Our lives are busy and the intention to give is there, but life has a way of throwing us off our plans. **A simple and easy way to contribute to St. Bernard's is pre-Authorized Payments (PAP)**. PAP giving allows your "intention to be generous" to be realized. It is safe, reliable, easy to keep track of, and easy to set-up. **You can choose the frequency of your gift** - weekly, bi-weekly, or monthly; whatever works best for you. Once set up it may be stopped at anytime if necessary. If you would like more information or to set up a PAD please contact the parish office @ 506-857-0425.

In Sympathy

*A time to mourn.....
Sincere sympathies to the families of:*



And to all who mourn the loss of a loved one.



*Ecclesiastes 3...
Under every season there is a time...A time to heal.
We remember in our prayers those who are sick...*

St. Bernard's

Judy Chiasson	Roger Berube	Ida Caruso
Patricia Devine	Boyd Clory	Karen Catubig

St. Clement's

Vina McGraw	Gerard McGraw	Ophelia McGraw
Shadra McGraw	Arabella McGraw	Carol Murphy
Hudson Sweeney	Beverly Melanson	Pam Gagnon
Margaret Shriver		

St. Vincent's

Mary and Art Chase	Leone Campbell	Victor Landry
Victor Tower	Vince Wood	

And for all who care for them.

The Good Shepherd Pastoral Ministry Team

Priest Moderator	Fr. Allison Carroll (sick leave)	
Administrator	Fr. Charles Broderick	charlesbroderick1@gmail.com
Liturgy	Darlene McGraw	darlenemcgraw@rogers.com
Catechetics	Lorella Dunnett	Lorella_st.bernards@hotmail.com
Social Justice	Claudia McCloskey	
Adult Faith	Andrew Wilson	

St. Bernard's Parish Staff

Pastoral Associate / Liturgy	Darlene McGraw	darlenemcgraw@rogers.com
Receptionist / bookkeeper	sbhf@rogers.com	
Catechetical Coordinator	Lorella Dunnett	Lorella_st.bernards@hotmail.com
Custodian	Michel Saulnier	

St. Vincent's Parish Staff

Parish Secretary	Lorraine Horyl	
Catechetical Coordinator	Cathy Crinnion	

St. Clement's Parish Staff

Parish Secretary	Pam Van Egmond	
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MARK YOUR CALENDAR		St. Bernard's	
Carmelites	2 nd Sat. of the month, 9:00 -11:00 AM	Meeting Room	
Prayer Group	2 nd Sat & last Sat. of each month @ 7 PM	Church Hall	
RCIA	To resume in the fall	Meeting Room	



There is a promise of marriage between:
Keanan Wilson & Carly Antonucci
Saturday, August 12, 2023
@ St. Thomas The Apostle, Waterdown, ON



Praying and Working for Peace

On August 6 and 9, 1945, the cities of Hiroshima and Nagasaki were ravaged by atomic bombs. Speaking to victims of this atomic warfare, Saint John Paul II said: "It is with deep emotion that I greet today all those who still carry in their bodies the signs of the destruction that was visited on them on the day of the unforgettable fire. What you endure has also inflicted a wound on the heart of every human being on earth. Your life here today is the most convincing appeal that could be addressed to all people of goodwill against war and for peace... We are all indebted to you for the living and constant appeal for peace that you are." (Nagasaki, February 26, 1981)

**PLEASE NOTE:
 ST. BERNARD'S PARISH OFFICE WILL BE CLOSED
 JULY 24 TO AUGUST 7**

St. Vincent's

DONATIONS FOR MASS OFFERINGS - In a recent memo from the Diocese, a donation of \$15 for Mass Intentions is in effect for all parishes within the Diocese of Moncton effective April 10, 2023. For over 40 years, the \$10 donation has remained the same.

ANNIVERSARIES/BIRTHDAYS/SPECIAL CELEBRATIONS - Parishioners are encouraged to notify the Parish Office of milestone anniversaries and birthdays, as well as special celebrations of family and friends. Please call 506-536-1460 and leave a voice mail if no one is in the office or email stvince@nbnet.nb.ca.

Faith Formation - During the summer months, while there is a pause in catechism sessions, we would like to offer social activities to our younger parishioners, and we need volunteers with a recent Vulnerable Sector Check. Contact Cathy Crinnion to get involved so that we can provide fun and nurturing activities in the summer – email or call ccrinnion@yahoo.ca / (506) 536-4470.

Help Needed – St. Vincent's Parish is committed to bringing Holy Communion to those who are unable to attend Mass at Church. Currently, we bring Communion to Catholics who reside at the Drew Nursing Home and the Autumn Lee Special Care Home following mass on Sundays. We have four dedicated and committed volunteers, but we are in need of one or two more individuals who would like to participate in this ministry. If you are interested, or think you might be interested, please contact the Parish Office at 536-1460 or stvince@nbnet.nb.ca or Lynn Sitland lsitland@live.com. With more people to help with this ministry, the residents of these homes will be able to count on us to receive Communion once per week, throughout the year. They are so appreciative of this!

Presentation of gifts - We have resumed the practice of parishioners bringing the gifts of bread, wine, and collection to the altar during the liturgy of the Eucharist. As a way of contributing to the life of our parish, you are encouraged to offer to assist with this practice. A sign-up sheet is located at the entrance to the church. Thank you!

Food Bank – If possible, please donate non-perishable food items to our local food bank to help those in need during these very trying times. Donation basket is located at the entrance to the church.



Feast of the Transfiguration

While he was still speaking, behold, a bright cloud cast a shadow over them, then from the cloud came a voice that said, “This is my beloved Son, with whom I am well pleased; listen to him.” Matthew 17:5



From the Office of Evangelization and Catechesis

To contact us:

Trevor: 857-4879 or trevord.diocese@gmail.com

Karen: 387-4198 or karen.diocese@gmail.com

Monday @ The Movies - Our next film discussion will take place on Monday, August 21st at 10:30 am via Zoom. We will be discussing the 1942 film Casablanca, starring Humphrey Bogart and Ingrid Bergman. Mondays @ The Movies is a film discussion group designed to spark conversation about issues of faith and spirituality found in popular films. Please contact Trevor at 857-4879 or trevord.diocese@gmail.com if you are interested.

"THE WAY OF BEAUTY" WEBINARS - In September 2023, the CCCB Office for Evangelization and Catechesis will host a webinar series, titled "The Way of Beauty" inviting leaders of catechesis and evangelization to reflect on the way of beauty and its powerful witness in the life of the Church.

The three sessions of "The Way of Beauty" webinar series will be:

1) "Beauty and Catechesis" – Dr. Jem Sullivan

Thursday 7 September from 1:00-2:30 pm EDT

2) "Beauty and Evangelization" – Mr. David Dayler

Thursday 14 September from 1:00-2:30 pm EDT

3) "Beauty and Liturgy" – Fr. Paul Massel

Thursday 14 September from 1:00-2:30 pm EDT

If you wish to attend any of the webinar sessions contact Trevor at trevord.diocese@gmail.com or 857-4879

Prayer of the Faithful

For the Church, and everyone who serves Christ's Body in worship, education, and care of the poor.
We pray.

For the single, the engaged, the married; for the ordained, for our sisters and brothers in consecrated life and for fidelity to our vocations.
We pray.

For countries facing difficult times, we pray for protection from fear of losing hope of a better future.
We pray.

For world leaders as they respond to crises and many urgencies, for wisdom and guidance of the Lord in all their responsibilities.
We pray.

For our parish - that as Christ's Body, we set an example of not seeking those things which perish, but the things which endure; faith, hope and above all, love for one another.
We pray.

Dear Padre,

For the past year or so I have been trying to pray on a regular basis, but I am constantly distracted. My mind wanders so easily. Do you have any suggestions?

Distractions in prayer are an inescapable part of the human condition and the result of our imagination. Even great saints experienced distractions in prayer, and some of their suggestions may help. When St. Thérèse of Lisieux struggled with prayer, she would recite an Our Father or a Hail Mary or read from the Gospels. Praying an act of faith or returning to God's presence and love can turn our focus away from other concerns, but even then, distractions may still arise.

When we become aware of them, we should calmly renew our focus and continue our prayer. Saint Teresa of Ávila offers this guidance: "We should not be distressed by reason of our thoughts, nor allow ourselves to be worried by them....The thing is inevitable, therefore do not let it disturb or grieve you" (*The Interior Castle*). No matter how often distractions return or how long they last, they are not sinful. Rather, they are opportunities to show God that we are sincere about praying.

Saint Alphonsus, another great teacher of prayer, reminds us that prayer is necessary, beneficial, and always possible. Hang in there, he says, because the devil would like nothing better than for you to stop praying. ●

[The Redemptorists / DearPadre.org](http://TheRedemptorists/DearPadre.org)



SHADON / SHUTTERSTOCK

Do you have a question for the Padre?

Go to DearPadre.org to send your question and to learn more about *Dear Padre*.

MONDAY

August 7
Weekday
Nm 11:4b-15
Mt 14:13-21

TUESDAY

August 8
St. Dominic,
Priest
Nm 12:1-13
Mt 14:22-36 or
15:1-2, 10-14

WEDNESDAY

August 9
Weekday
Nm 13:1-2,
25-14:1,
26-29a, 34-35
Mt 15:21-28

THURSDAY

August 10
St. Lawrence,
Deacon and
Martyr
2 Cor 9:6-10
Jn 12:24-26

FRIDAY

August 11
St. Clare, Virgin
Dt 4:32-40
Mt 16:24-28

SATURDAY

August 12
Weekday
Dt 6:4-13
Mt 17:14-20

SUNDAY

August 13
Nineteenth
Sunday in
Ordinary Time
1 Kgs 19:9a,
11-13a
Rom 9:1-5
Mt 14:22-33



A WORD FROM POPE FRANCIS

We have not seen with our own eyes the face of Jesus shining like the sun. However, we too were given the Word of Salvation, faith was given to us, and we have experienced the joy of meeting Jesus in different ways. Jesus also says to us: "Rise, and have no fear" (Matthew 17:7).

ANGELUS, MARCH 8, 2020